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Coffee began a beloved path to our coffee shops over 1100 years ago from its humble beginnings in the coffee forests of Ethiopia. Goat herders brought their flocks to graze on the plateaus which housed the coffee forests. One herder, in particular, Kaldi, noticed a change in the behavior of the goats when they ate the berries of the coffee tree: the goats became frisky!

As humans have done so often by observation, goat herders tried the berries of this tree and noticed a burst of energy when chewing on this alluring new food. Africans continued to chew on the berries for energy, until one day a monk threw the beans in a fire, to destroy them, and found the roasted berries created a delightful smell. This ambrosial discovery was steeped in hot water to create a beverage. Voila, coffee!

As coffee made its way west, cultures refined and used this divine potation to suit their needs. Coffee found its way to mass production, into homes and coffee shops in the 13th century in the Middle East.

The iced brew we know today may have started back in 19th century Vienna. Folklore stories claim that citizens of Turkey took the used grounds leftover from the Turkish army encampment and made a cold brew.

Luckily, Parkites need not use army leftovers to get some cold brew! Looking for some cold Joe during warm weather? Be sure to check out these local coffee houses on your next visit to Main Street for great cold brew! Java Cow Coffee for iced coffee and ice cream, too. Atticus Coffee and Books for a good read with your coffee. Pink Elephant Coffee Shop for some cold Joe and a juice shot and STOKED ROASTERS Park City, where you can relax in a European atmosphere and check out their 25lb San Francisco Roaster while sipping your cold Joe.

References:

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